

Daycare

Ages served 18mos-5yrs

Hours 6:30am-5:30pm Mon-Fri.

Contact Jackie Gurbey
jgurbey@cohoescommunitycenter.org

School Aged Childcare

Grades: K-5

Eligibility: Child must be enrolled
in Cohoes School District

AM Care 7 AM to 8:30 AM
PM Care 2:30 PM to 5:30 PM

Contact Jackie Gurbey
jgurbey@cohoescommunitycenter.org

UPK

The Cohoes Universal Prekindergarten program is a free, full-day program available to Cohoes residents regardless of income. It is offered in collaboration with the Cohoes Community Center.

Contact Tammy Dicocco
Tdicocco@cohoescommunitycenter.org

Fundraising Events

Annual Fashion Show

Mayors Cup Golf
Tournament

Fall Fling

Monthly Calendar Raffles

Fall Hours (Sept. -June)

Mon-Fri. 6am-9pm

Saturday 7am-4:45pm

Summer Hours (June- Septemner)

Mon. -Fri 6am-7:45pm

Closed the Following Holidays:

New Years , Memorial Day , Fourth of July,
Thanksgiving and Christmas

Cohoes Community Center

22-40 Remsen Street
Cohoes, NY 12047
518-237-7523
www.cohoescommunitycenter.org

Cohoes Community Center



*"Large enough to serve.
Small enough to care."*

Land Classes

Yoga

Tuesday & Thursday 9-10:30am Sandy

Bokwa

Tuesday 6:30-7:30 pm Francine

Zumba

Monday & Thursday 5:30-6:30pm Jen

Punch and Strike

Thursday 7-8pm Francine *(\$8 class)

Pepp Booty Band

Thursday 6:30-7 Francine

Pilates / Foam Roller

Tuesday 11-11:45am Shellie

Low Impact Aerobics

Tuesday 5:30-6:30pm Kathy

Class Fees

All classes are free with your membership

Cost for non-members :

\$7 adults

\$4 Seniors

**Unless otherwise noted.

Water Aerobic Classes

Aqua Jogging

(belt is required)

Tuesday 7:35-8:20am Noreen

Thursday 6-6:45pm Colleen

Friday 8:45-9:30am Jo

Water Aerobics

Tuesday & Thursday 10-10:45am Joan

Tuesday 6:45-7:30pm Toni

Thursday 6:45-7:30pm Toni

Saturday 8:30-9:15am Toni

Early Bird Water Aerobics

(water weights required)

Monday 8:45-9:30am Sue

Tuesday & Thursday 8:45-9:30am Gina

Aqua Zumba

Tuesday 6pm Lynda (starting 9/13)

Wednesday 9am Kristin

Fridays 10:40am Kristin

Senior Water Aerobics

Monday , Wednesday 10am

Friday 9:45am

*(\$2 class)

Youth Programs

Red Cross Swim Lessons

7 week sessions offered in the fall winter and spring.,
For children 6mos and up . Parent and child classes
preschool classes and Learn to swim program

Cohoes Basketball Club

All boys and girls in 3rd through 8th grade who attend
Cohoes Schools can join

Contact Alex Bonesteel

abonesteel@cohoescommunitycenter.org

Summer Camp

Camp Discovery is a 9 week summer camp program
for families looking for a fun filled and memorable
summer. At Camp Discovery, children spend their
days outdoors learning and exploring!

Look for information to come out in March

Pickle Ball for Adults

Wednesday and Friday

11:15-2:30pm \$3 per person